



Invitation to Year 7 Parents Information Evenings

Dear Parents and Carers

Firstly we would like to welcome you to the community that is Kings Langley School. We hope you and your child are looking forward to your journey with the school and getting involved in the wide variety of opportunities that we offer.



As part of our programme of support for parents we will be holding a number of Parent Information Evenings throughout the year designed to provide useful information on a wide range of subjects. During these evenings you will have the opportunity to meet other parents, discuss your experiences and learn some useful tips and techniques that will help you have a positive start to this new journey in your child's life. The first of these events to which you are invited are as follows:

Managing the Transition to Secondary School—Wednesday 12th October—7pm

Starting secondary school is a significant milestone in a child's life. It marks a passage into adolescence and brings about several significant changes including having to take more responsibility. It is often a more stressful time for parents than it is for your child who is mostly keen and excited about the transition. This evening will explore how to boost confidence, self esteem and develop responsibility, setting age appropriate expectations and developing resilience and character, how to improve the parent/teen relationship and finally we will provide an understanding of working with Secondary Schools and key contacts.

Developing your Child's Confidence and Self Esteem—Tuesday 22nd November—7pm

We are all aware that if a child is not feeling confident, this will impact their willingness to attend school and be involved in school life. If a child has low self esteem, this will impact how they work in school and how they develop friendships. Many teenagers are particularly vulnerable to low self esteem and it can be difficult for parents to know whether their child's behaviour is a sign of something more serious. This evening will explore with parents what is self esteem, why do so many teens lack it and signs to look out for. We will explore the power of positive language and communication and how parents can help their children develop responsibility, motivation, persistence and resilience. We will look at how we can support developing confidence and parents will be provided with a range of strategies we hope will be useful.

Both of these evenings will start at 7pm and finish at approximately 8pm. In order to reserve your place please contact the **Student and Family Services team on 01923 264504** or email familyservices@kls.herts.sch.uk. We look forward to meeting you. Please note these are Parent only events.

Kindest Regards

Rosemary Inskipp, Student and Family Services Manager

Kings Langley Schools Student and Family Services

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