



**Kings Langley
Secondary**



**Bedmond
Primary**



**Bovingdon
Primary Academy**



**Kings Langley
Primary**



**Nash Mills
Church of England
Primary**



**Sarratt
Church of England
Primary**



**St Pauls Chipperfield
Church of England
Primary**

Kings Langley Partnership of Schools

Working Together to Prepare our Children for the Challenges of Tomorrow

Parent Support Services A Guide for Parents

The Kings Langley Schools Partnership is available to provide a range of support to families. The support is very varied and offers help with any concerns families may be facing with their child or their own personal circumstances. We work closely with many of the local support services to help families in accessing support in times of particular difficulty.

Did you know that in primary aged children, parental involvement is more important to a child's achievement and adjustment, than the quality of the school they attend?

Parenting is arguably one of the most difficult and important jobs in the world, but one for which we are often least prepared and supported. It can be a rewarding and happy experience. There are also times of difficulty and worry. There is no 'right' way to parent, each one of us has unique circumstances which affect our parenting. Each child is also very different, and what will 'work' for one child may not 'work' for another. The Schools Partnership team is in place to help support both Parents/Guardians, along with your children as they progress through school - from foundation stage through to secondary years.

The Kings Langley Schools Partnership team can provide a range of Family and Parent Support services who can support with any concerns a family may be facing with their child at home or at school. Issues may be varied, for example :

- ◆ Changing Schools (transition phase)
- ◆ General routines (bedtime, eating)
- ◆ Issues with friendships
- ◆ Bullying
- ◆ Managing challenging behaviour
- ◆ Temperamental teenagers
- ◆ Communicating with your child
- ◆ Helping with my child's learning
- ◆ Loss or bereavement
- ◆ Financial Concerns
- ◆ Housing Concerns
- ◆ Family breakdowns
- ◆ Internet Safety
- ◆ Finding time for yourselves
- ◆ Issues with smoking, drugs or alcohol
- ◆ Being in an abusive relationship

Support can be provided in the form of support groups, one to one support and advice, signposting to specialist agencies or help or purely someone with whom families can share concerns they may be facing and discuss what options they may be facing.

If parents feel they may need support or if they would just like someone to discuss any issues or concerns they may have they can contact the Schools Partnership team in confidence on 01923 271744

Information on Specialist Support Services

Family Information Service—Information, advice & support on the services available to families in Herts. Available Mon-Fri 8.30-16.30 Tel. 01438 737502/01923 471502
Email: Younginherts@hertscc.gov.uk WWW.hertsdirect.org/younginherts

Family Lives Confidential, impartial advice and support line for parents open 24x7 Tel. 0808 800 2222 text 0800 7836783 Email: parentsupport@familylives.org.uk WWW.familylives.org.uk

Home Start Trained volunteers offer support, friendship and practical help to families with 1 child under 5 yrs Open Mon- Fri Tel. 0800 686368. WWW.home-start.org.uk

Strengthening Families, Strengthening Communities For children age 8-13 yrs where there are concerns about antisocial behaviour. Contact Emma Allen, Parenting Pathfinder Manager
Tel. 07992 555909/07876 475211

Relate Counselling for people experiencing relationship difficulties, open office hours. Tel. 0845 4561310

Children, Schools and Families Call Centre Concerns about a child at risk open 24x7 tel. 0300 123 4043

Frank Free and confidential helpline for advice on drugs open 24x7 tel. 0800 776600
Email: frank@talktofrank.com WWW.talktofrank.com

The Parent Partnership Team Information & support around special educational needs. Contact Helena Marks, Parent Partnership Officer for St Albans & Dacorum. Tel. 01442 217143

Disability, Pregnancy & Parenthood International Offers information & support to disabled people during pregnancy and as parents. Open office hours. Tel.0800 0184730.

Mencap Works to gain support, education, housing, jobs & recreational opportunities for people with learning difficulties. Tel. 01662 678422

ADD-Vance Supporting parents and carers of children with Attention Deficit Hyperactivity Disorder and Autism Spectrum Disorder. Tel. 01727 833963

SNAP A leading Organisation that offers holiday play schemes to young people aged 3-19yrs with varying learning disabilities. Tel. 07979 612363

Dacorum First Credit Union A savings & lending co-operative. Tel. 01442 400232

Benefits Enquiry Line All enquiries about entitlements. Tel. 0800 882200

Jobcentre Plus—Want to make a claim? Want to find a job? Www.jobcentreplus.gov.uk

Free School Meals—Are you receiving income support. You may be entitled to Free School Meals. For more information or to apply visit www.hertsdirect.org/freeschoolmeals

Citizens Advice Bureau Free, Independent, impartial advice & information. Tel. 01442 213368

Frank—Free and confidential helpline for advice on drugs open 24/7. email frank@talktofrank.com or www.talktofrank.com

Youth Connexions—The Information, advice, guidance and support services for all 13 to 19 year olds in England. Email: enquiries@connexions.hertscc.gov.uk

HertsSpeak—Support for families affected by alcohol misuse. Got more information contact 01438 312055 or 07918 641535 or email simone@coretrust.org

The Sunflower Centre—Advice, information and support for victims of domestic abuse, race and hate crime. Services are free and confidential. Contact: 01923 215180

Turning Point — Leading health and social care organisation providing support for people affected by drug and alcohol misuse, mental health issues and those with learning difficulties.

Community Mental Health Team — Care, advice and support for adults who have issues with a mental health problem. Www.mind.org.uk Tel: 0300 123 3393