



## **Sport at Kings Langley**

Sport is a very important and vibrant part of students' lives at Kings Langley. The school's philosophy is to provide opportunities for all at a level appropriate to students' ability in a wide range of sporting activities. Physical Education is integral to the curriculum, but participation both of students and staff ranges widely beyond that. Whether achieving national prominence or making more limited progress, students will find the school keen to promote their interests and enthusiasms.

There is a rich extra-curricular programme in the school including lively Inter-House competitions and a comprehensive Inter-School fixture list (Refer to the PE Department Google Calendar). The PE staff is involved in supervising morning, lunch-time and after school sporting practices and competitions.

## **The Department**

Mr. John Annett (Learning Area Leader for Physical Education and Sport & Learning Outside the Classroom Co-ordinator)

Miss. Rebecca Fisher (Head of Girls' PE & Director of A-Level PE Studies)

Miss. Kristie Donovan (Director of GCSE PE Studies, Head of Outdoor Education and Sports Council Co-ordinator)

Mr. Matthew Jarvis

Mr. Jason Dodd (Pastoral Leader for Year 9)

Miss. Amiee Rai (Pastoral Leader for Year 8)

The Physical Education Department at Kings Langley serves a large school community of students with the full range of academic abilities and motivation. The sporting ability of the students is also mixed, but ranges from the exceptionally gifted, who have achieved national selection and international honours, to those lacking confidence that require support and encouragement.

At present there are six full-time PE teachers (three male and three female). These teachers, each of whom enjoys a measure of delegated responsibility within, and outside, the department, are responsible for timetabled lessons. The department is also supported by non-specialist teachers, who help with teams, and external coaches, who help with the delivery of the curriculum and extra-curricular activities.

The department offers examination courses in GCSE PE and A-Level PE, where the students follow the OCR syllabus.

The school facilities for sport include:

- Sports Hall;
- Multi-purpose Hall;
- Four tennis courts and three netball courts;
- Double bay jump area, purpose built throwing areas for javelin, shot and discus;
- 400m, 6 lane grass athletics track;
- Two 11-a-side football pitches, one 9-a-side football pitch, one 7-a-side football pitch;
- Three rugby pitches.

The Reprographics Room, excellent School Library and ICT facilities support the work of the department.

## **The Games Programme**

Students follow a carousel that covers a number of sports to fulfil the National Curriculum and examination requirements.

### **Boys & Girls**

Association Football

Athletics

Badminton

Cross Country

Fitness

Gymnastics

Handball

Netball

Rugby Union

Rugby League

Rounders

Striking and Fielding

Table Tennis

Tennis

Trampolining

Volleyball

Students at KS3 receive four hours of curriculum PE over the two week timetable. Students at KS4 and KS5 receive three hours of curriculum PE over the two week timetable. Those students taking GCSE PE receive an additional five hours of teaching over the two week timetable, whereas students taking A-Level PE receive eight hours of teaching.

## **Intra-School Competition**

Intra-School competition is a vital part of the wider sporting programme on offer to all students. The department encourages all students within the school to participate in as many of the following activities as possible:

- Association Football
- Athletics
- Beach Volleyball
- Cross Country
- Dodgeball
- Netball
- Orienteering
- Rounders
- Rugby Union
- Table Tennis
- Tug-of-war

## **The Inter-School Sports Programme**

The department runs a substantial inter-school sports programme throughout the year and maintains a full list of fixtures; including Saturday mornings. The main sports, as well as the wide variety of other sports offered, are dependent on the support of colleagues from outside the PE department, many of whom have high levels of specialist skills. All of these colleagues show great enthusiasm and commitment.

The following activities are offered at a school representative level:

Autumn: Netball, Rugby Union, Cross-Country, Association Football, Rugby League, Basketball, Badminton, Table Tennis, Mountain Biking, Trampolining, Dance.

Spring: Association Football, Basketball, Cross-Country, Handball, Indoor Athletics, Indoor Rowing, Netball, Rugby League, Rugby Union, Golf, Futsal, Dance.

Summer: Athletics, Rounders, Softball, Cricket, Tennis, Golf.

The school enjoys an excellent reputation, regularly winning District, County and Regional Finals with many players representing the District, County, Region and Country.