

Physical Activity Policy

Kings Langley School will give all of its students equal opportunity to express themselves through physical activities.

By participating in physical activity students will be able to develop social, ethical and educational values as well as learn the basic skills and knowledge that will enable them to live physically healthy lifestyles.

Physical activity will be accessible through the curriculum and the school's extra-curricular programme.

Physical Activity Policy Aims:

- Students will be able to actively participate and positively contribute to the school's overall ethos.
- To ensure the atmosphere is enjoyable and positive so students feel confident to achieve.
- To understand the phrase 'Group Dynamic' and to develop good co-operative skills as a partner or team member.
- To help students to develop links with outside organisations that should promote lifetime physical activity.
- To offer the facility for leadership skills to develop.

Monitoring the Physical Activity Policy:

With the support of all staff members involved in delivering physical activities, the Learning Area Leader for Physical Education will monitor the promotion and effectiveness of each activity by using the following strategies:

1. Lesson/Extra-curricular observation
2. Student views (Questionnaires, School Council)
3. Parent/Carer views (Questionnaires, Governors, Open Forum)
4. School Sports Co-ordinator advice
5. Partnership Development Manager advice
6. Participation levels in physical activities
7. Physical Education Department external sporting success
8. Extra-curricular programme participation levels
9. Staff views
10. Success of District, County and National physical activity initiatives in Kings Langley
11. Students links with outside organisations
12. Student levels of misbehaviour
13. Student progress and value added in physical activities.