

The UN's International Day of Older People is being marked this week and as parents and carers, we all hope our children grow up with a deep respect for older generations.

Few relationships are as enriching and enduring as the bond between grandparents and grandchildren. These connections can be profoundly life-giving - for both young people and the older members of our families and communities.

With this in mind, why not explore Tooled Up's resources designed to help nurture intergenerational relationships?

If your children are lucky enough to have **grandparents** in their lives, how might you help them **deepen that relationship**? [50 Things to Ask Your Grandparents on a Video Call](#) was developed in the pandemic when digital communication was a vital link between families. It remains popular today, **inviting children to quiz their grandparents** in a fun, thoughtful way, **encouraging storytelling**, shared laughter and the **passing down of cherished memories**.

Talking to older members of your family network **gives children** the valuable **opportunity to explore identity and core values**. Use our [Conversation Starters about Family 'Fundamental Values'](#) to **spark meaningful conversations** about what matters most.

Have you heard the term **'kinship carers'** before? It **describes grandparents** (and other relatives), **who step in to care for children when parents are unable**. In this interview about [The Importance of Grandparents](#), Professor Anna Tarrant **explores the vital role these grandparents play and the many benefits that extended families can have on children's development**.



50 Things to Ask Your Grandparents



Family 'Fundamental Values' - Conversation Starters



The Importance of Grandparents

Remember to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on [Facebook](#), [Instagram](#), [Twitter](#), and [LinkedIn](#).