

Newsletter, 19.11.2025

Artificial Intelligence (AI) is the science of creating machines and computer systems that can perform tasks that usually require human intelligence.

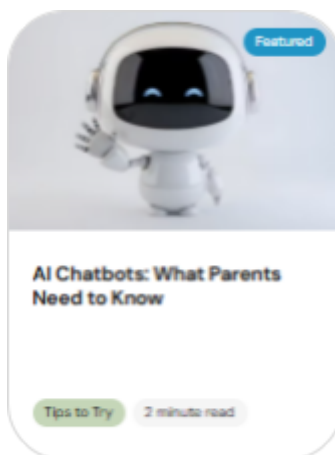
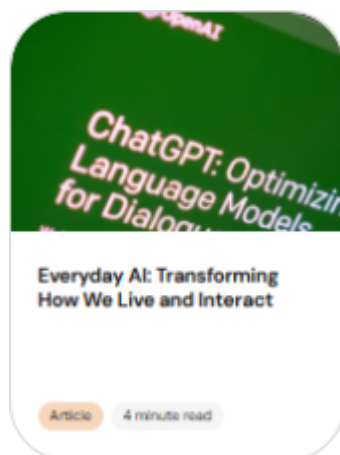
From voice assistants like Siri and Alexa, to personalised recommendations on Netflix or YouTube, it may be surprising to realise that AI is already part of our everyday lives and many children and young people are engaging with it in various ways, whether to help with homework or to talk to it as a friend.

The pace of change can feel bewildering but Tooled Up has a number of resources designed to help you navigate this important topic.

As AI becomes an integral part of life, children and young people have a unique opportunity to explore and benefit from its possibilities. Our guide [Everyday AI: Transforming How We Live and Interact](#) offers a glimpse into its workings, including how we already are, and could, utilise it.

With many **children now using AI Chatbots for learning, companionship and as a confidante**, it's important to ensure that they don't replace trusted relationships or real-life experiences. [AI Chatbots: What Parents Need to Know](#) provides practical support to help parents guide young people to use them safely.

How are children engaging with generative AI and what do they need to stay safe, informed and empowered? In [Supporting Children's Use of Generative AI](#) Dr Nomisha Kurian, a leading researcher on AI and children's wellbeing, **offers practical insights highlighting what child-safe AI could look like** and why children must be included in the conversation.



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