

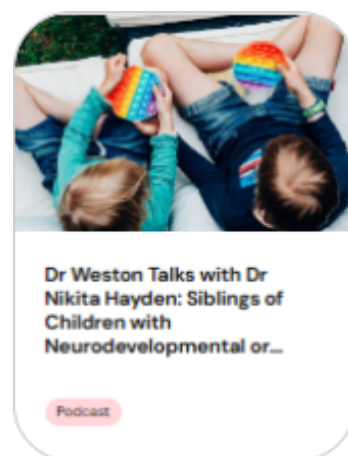
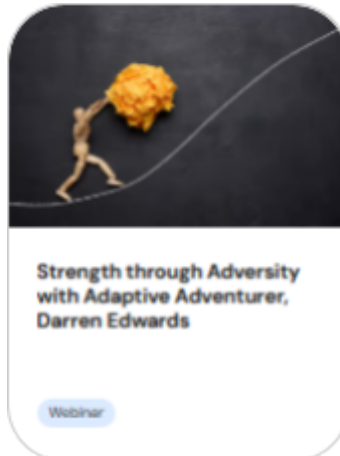
On 3rd December every year we observe International Day of Persons with Disabilities, a time to reaffirm our commitment to inclusion, accessibility and dignity for all. This day challenges us to look beyond stereotypes and barriers, and to nurture environments where every child can thrive.

How can we nurture kindness, inclusivity and awareness in our children? A good start is to discuss differences openly and positively.

With younger children, have age-appropriate chats about body diversity and connect these conversations to people in their lives. [Books for Children by Disabled Authors](#) offers authentic perspectives and **helps children see disability as a natural part of life.** While not all of the books focus on this theme, they illustrate that disabled people are active participants and contributors in all areas of society **and that having a disability doesn't define a person's interests or talents.**

[Strength through Adversity](#) is a great webinar to watch and perhaps share with **older children.** It showcases the story of Darren Edwards, a disabled adventurer who overcame adversity and **demonstrates how disability does not limit potential.**

If you are a parent of siblings of children with a disability, listen to [Siblings of Children with Neurodevelopmental or Intellectual Disabilities](#). This podcast explores the unique experience of these siblings and discusses meaningful strategies families and schools can deploy to help support and foster meaningful sibling relationships.



Remember to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on [Facebook](#), [Instagram](#) and [LinkedIn](#).