

Physical Education Curriculum

	Starts 02/09/24	Starts 07/10/24	Starts 18/11/24	Starts 06/01/25	Starts 24/02/25	Starts 21/04/25	Starts 02/06/25	Inter-Form 07/07/25
Year 7 - 1 Character concept	Netball Integrity	Basketball Communication	Gymnastics (H) Confidence	Football (4G) Leading by example	Dance (H) Body image	Athletics Marginal gains	Rugby Persistence	Rounders/OAA Empathy
Year 7 - 2 Character concept	Basketball Communication	Netball Integrity	Handball (4G) Leading by example	Rugby Persistence	Gymnastics Confidence	Athletics Marginal gains	Dance (H) Body image	Rounders/OAA Empathy
Year 8 - 1 Character concept	Rugby (4G) Responsibility	Football (4G) Respect for others	Netball Teamwork	Dance (H) Health & Fitness	Handball (4G) Active listening	Athletics Balanced diet	Gymnastics Warming up	Rounders/OAA Positivity
Year 8 - 2 Character concept	Gymnastics (H) Health & Fitness	Rugby Responsibility	Basketball Active listening	Netball Teamwork	Football Respect for others	Athletics Balanced diet	Cricket Warming up	Rounders/OAA Positivity
Year 9 - 1 Character concept	Netball Handle criticism	Table Tennis Honesty	Handball (4G) Problem solving	Dance (H) Self-care	Trampolining (H) Self-reflection	Athletics Goal setting	Football (4G) Commitment	Rounders/OAA Accountability
Year 9 - 2 Character concept	Trampolining (H) Self-reflection	Netball Handle criticism	Table Tennis Honesty	Football (4G) Commitment	Handball (4G) Problem solving	Athletics Goal setting	Dance (H) Self-care	Rounders/OAA Accountability
Year 9 - 3 Character concept	Table Tennis Honesty	Handball (4G) Problem solving	Trampolining (H) Self-reflection	Rugby Commitment	Netball Handle criticism	Athletics Goal setting	Cricket/Rounders Self-care	Rounders/OAA Accountability
Year 9 - 4 Character concept	Handball (4G) Problem solving	Trampolining (H) Self-reflection	Rugby Commitment	Netball Handle criticism	Table Tennis Honesty	Athletics Goal setting	Rounders/Cricket Self-care	Rounders/OAA Accountability
Year 10 - 1 Character concept	Trampolining (H) Self-confidence	Netball Winning & losing	Football (4G) Work ethic	Handball (4G) Intrinsic motivation	Badminton Fulfilling potential	Athletics Drive & initiative	Tennis Self-management	Rounders/OAA Social awareness
Year 10 - 2 Character concept	Handball (4G) Intrinsic motivation	Badminton Fulfilling potential	Netball Winning & losing	Trampolining (H) Self-confidence	Football Work ethic	Athletics Drive & initiative	Rounders/Ultimate Self-management	Rounders/OAA Social awareness
Year 10 - 3 Character concept	Table Tennis Fulfilling potential	Handball (4G) Intrinsic motivation	Trampolining (H) Self-confidence	Rugby Self-management	Netball Winning & losing	Athletics Drive & initiative	Football (4G) Work ethic	Rounders/OAA Social awareness
Year 10 - 4 Character concept	Rugby Self-management	Football Work ethic	Table Tennis Fulfilling potential	Netball Winning & losing	Handball (4G) Intrinsic motivation	Athletics Drive & initiative	Trampolining (H) Self-confidence	Rounders/OAA Social awareness
Year 11 - 1 Character concept	Trampolining (H) Stress	Netball Time out	Badminton Sleep	Handball (4G) Diet & activity	Football (4G) Talk to someone	Options Looking out for others		
Year 11 - 2 Character concept	Netball Time out	Badminton Sleep	Handball (4G) Diet & activity	Trampolining (H) Stress	Football (4G) Talk to someone			
Year 11 - 3 Character concept	Handball (4G) Diet & activity	Football Talk to someone	Trampolining (H) Stress	Rugby Time out	Table Tennis Sleep			
Year 11 - 4 Character concept	Table Tennis Sleep	Handball (4G) Diet & activity	Football Talk to someone	Rugby Time out	Trampolining (H) Stress			