

Kings Langley School News

Issue 30

A note from the Deputy Headteacher - Mr Searle

We all know how important it is to stay active, not just for our bodies but also for our minds. Regular physical activity helps keep our muscles, bones, and heart strong, and it also plays a vital role in boosting mental health. Exercise can reduce stress, improve mood, and help with focus and concentration, making it easier to face daily challenges.

By making time for physical activity, whether it's playing outside, taking a walk, or enjoying a sport, we're investing in our overall health and wellbeing. Let's encourage each other to stay active and enjoy the many benefits it brings.

Some important dates for the remainder of this term:

District Sports - **2**nd **July 2025** at Jarman Park Athletics Stadium

This is an opportunity for our athletes to compete against the best equivalent students from other schools in Hertfordshire.

School Events

Tuesday 24th June

Seville Trip Parent Meeting Hall - 6pm - 6.30pm

Y12 Globe Theatre Trip Romeo & Juliet 5.30pm -11pm

Wednesday 25th June

Mental Health Parent Event 6.30pm - 7.30pm

Thursday 26th June

Les Misérables Theatre Trip 5.30pm - 11.30pm

Friday 27th June

Y8 Grades home - 6pm



Sports Awards Evening - 3rd July 2025 at 18:30 in the main hall

This ceremony takes place each year to recognise and celebrate the sporting commitments and achievements of our students. Winners are judged by a public vote, from a predetermined shortlist, to have achieved the most this year.

Walk to School Week - 7th - 11th July 2025

One in four cars on the road during peak times is taking children to school. With this in mind, in addition to the more important issue of health and well-being, we are encouraging parents to drop their child/children off in Kings Langley Village and allow them to then walk to school. Please try to keep Love Lane free of cars and only use our car park and drop-off area as a last resort. The same is asked in relation to after school collection. Staff are being encouraged to do the same thing.

Parents and Staff v Sixth Form Cricket Match - 21st July 2025 at KLS

Staff and parents versus student sports games are a common tradition in schools and universities, fostering a sense of community and friendly competition. These events involve staff and students playing various sports against each other – we have obviously selected cricket. The purpose is to encourage interaction, build camaraderie, and provide a fun, engaging experience for everyone involved.

KLS Sports Day - 22nd July 2025 at 08:30 at Jarman Park Athletics Stadium

School sports days are more than just a fun event – they are a fantastic opportunity to celebrate physical health, mental wellbeing, and the power of friendship. Engaging in sports helps improve our strength and fitness, but it also lifts our spirits, reduces stress, and boosts confidence.

These days are about more than winning; they're about having fun, supporting each other, and creating memories that will last a lifetime. It's a chance to build friendships, challenge ourselves, and most importantly, finish the academic year on a positive note. Let's make this year's sports day a memorable one!

Community Walk - 19th September 2025 all day

This biennial event is a great opportunity for students and staff to be physically active for the majority of the day (walking between 8-10 miles), to enjoy the beautiful countryside surrounding our school, support local farmers in picking up any litter that we see, socialising with friends throughout and raising money for charity. More details of this event will follow.

Finally, the numerous sports teams and individual athletes representing Kings Langley School this year have had many successes so far – all of which will be celebrated during the Sports Awards Evening. However, a special mention must go to the U15 Girls' Football Team who beat a school from Norfolk last Friday 5-0 in the semi-final of the National Cup. This obviously means that they have reached the final of the National Cup, meaning they are one of the best two teams in their age group in the entire country.

The final will be played at some stage over the next five weeks, and is likely to take place somewhere in the midlands – due to the geographical location of the teams involved. The exact details will be communicated to all KLS community members as soon as they have been decided. We all hope that the girls in the team have one more good performance in them so they can be crowned national champions. However, to even reach the final is an incredible achievement and one that is to be celebrated.

Just as important as their performances, has been their attitude and character. Every school they have played so far this season have commented on how polite, fair and mature the students have been. Opposition players, teachers and parents have taken the trouble to communicate their thoughts to the players and PE staff at the matches. It is so nice to hear that our character traits of empathy, self-regulation and stickability are being lived and breathed by so many of our students.

Stay healthy and active.

Headteacher's Commendations



Congratulations to the following students, Oscar 7G, Clara 9C, and Daniel 8P, Henry 8P and Chanelle 12BRY for their work with the Hertfordshire Commissioner visit.



Congratulations to Mariia and Brinley 7G who were presented with their bronze STEM colour awards by Mr Fisher and Mr Tubb.



LanguageNut - April





Congratulations to the following students for their high scores in LanguageNut in April:

Year 7

Benji 7A, Hesanya 7C, Lauren 7D, Sam 7G, Elliot 7J, and Nefeli 7P.

Year 8

Aron 8A, Elise 8C, Filip 8D, Amie 8G, Sofia 8J, and Hartley 8P.

Year 9

Shana 9A, Alex 9C, Ed 9D, Sam 9G, Justina 9J, Grace 9P and Mia 9T.

Year 10

Zain 10D, Olivia 10A, Beatrice 10G, and Joa 10A.

Year 11

Gerard 11D, Maxim 11C, Emily 11J and Archie 11P



LanguageNut - May







Congratulations to the following students for their high scores in LanguageNut in May:

Year 7

Marco 7A, Hesanya 7C, Will 7D, Sam 7G, Noah 7J, and Nefeli 7P.

Year 8

Sofija 8A, Ilaria 8C, Dylan 8D, Leo 8G, Rob 8J, and Jonny 8P.

Year 9

Rasika 9A, Thomas 9C, Ed 9D, Sam 9G, Justina 9J, Amelia 9P and Mia 9T.

Year 10

Zain 10D, Oliver 10C, Hannah 10P, and Joao 10A

Year 11

Gerard 11D, Daniel 11D, Adam 11G and William 11J





Recognition Being noticed for doing something positive or achieving something

Students of the Week w/c 16th June

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Art	Brinley 7G	
For the "showstopper" sculpture made as an Art homework to enter the STEM Competition. Well done, we are all very impressed!!		
Business Studies	Kaci 10A	
Great attitude in lesson, to help the teacher.		
English	Bethany 10P	
Consistently excellent engagement and attitude to learning all year round, and lovely descriptive writing this week.		
Geography	Ryan 8A	
Being inquisitive, asking the right questions recently which is promising to see.		
Politics	Frankie 12BRY	
In a homework where a choice of two essays was set, Frankie completed both!		
History	Chase 8C	
Highly perceptive and thought provoking questions about the legacy of the Transatlantic Slave Trade in Britain today.		
MFL	Adam 9D	
For his outstanding attitude to learning.		
Music	Jai 12BYR	
For teaching and leading the ukulele group with Mrs Harris. You are a great ambassador for the music department!		
Library	Scarlett 7J & Aishani 8G	
Making bunting for our Carnegie Medal celebration event.		
Psychology	Francesca 12LIY	
For continuing to show an excellent work ethic and passion for the subject.		
Philosophy, Religion, Ethics	George 9G	
For producing excellent written work in PRE. Keep it up!		

Sociology	Jaz 12ANE	
For super efforts in the subject and on-going achievement		
Year 7 Head of Year	Ellery 7J	
For showing high levels of stickability.		
Year 8 Head of Year	Ace 8G	
Always doing the right thing and trying her best.		
Year 10 Head of Year	Jack 10P	
Continued great effort with Year 10 studies!		
KS5 Head of Year	Francesca 12LIY	
For volunteering her time to support others.		

Well done to all of our students who have achieved 'student of the week'.



Update from the Wall

As most of you will know, Andrew Bilton (Kings Langley) and Mike Garvey (St Clement Danes) were participating in Rat Race: The Wall last weekend.

We are pleased to say that they successfully completed the 70 mile course, taking 25 hours and 55 minutes. They encountered rain, thunder and hail as they left Carlisle Castle at 06:30am, and then had to battle with fatigue as the run continued with headtorches through the following night.

Over 700 runners dropped out before the end but both members of staff soldiered on and finally staggered over the line with only 5 minutes to spare before the cut off. Both of them have been hobbling around school, talking of little else but 'blisters' and 'aches'!

As a school community, we have raised around £3600 so far for our two charities, and this means we are able to start the process this coming week of ordering Felix his specialist trike.

A number of students have also raised money for the cause and photos of these events will be published in a forthcoming newsletter - but huge thanks to them, and to all of you who donated.

The link for any final donations is below, if anyone would still like to contribute, along with some initial pictures from the event itself.

https://www.justgiving.com/crowdfunding/andrew-bilton-1?utm_medium=CR&utm_source=CL

Thank you. Lucy (Year 9, School Council)





The Miracle

By Lin Coghlan

In the Main Hall at 7pm on Thursday 10th July





PHSE NEWS - Police in the Classroom

Kings Langley School was recently invited be part of an exciting research study with King's College London and Cardiff University in collaboration with the PSHE Association. The purpose of the Police in Classrooms research study was to

find out how Police work in schools in England and Wales, and especially to find out what works well or what could be made better in the future. The researchers from Kings College and Cardiff University also wanted to understand how the Police led lessons affect students' behaviour and wellbeing, whether they become involved with crime, and their perceptions of the police. The researchers had interviews with parents of some of our students, and some of our PSHE teachers also took part in interviews. Students in years 9 and 10 also took part in the research by completing questionnaires. We had two PSHE lessons taught by their PSHE teacher, and one lesson taught by one of our local Police officers as part of the research.

Teaching students about issues related to crime and personal safety will hopefully mean they are less likely to be involved in crime (either as a perpetrator or as a victim) in the future. Seeing real police officers in the classroom and being able to talk to them could be the difference one day between them reporting or feeling too afraid to report a crime. These experiences may help our Kings Langley students feel more confident to ask the police for help when they need it, to report a crime if they witness one and to disclose safeguarding concerns.

During the spring term we had about eight Police officers from Hertfordshire Constabulary come into school to teach lessons about personal safety, drugs the law and knife crime to Years 7 and 8. The response from our students was extremely positive. They were keen to ask the Police officers about their role in the local community. The expertise of Police officers in drugs, knife crime and safeguarding issues was appreciated by our teaching staff and students. The officers engaged with our students in meaningful conversations about safety, drugs and the law, how to be safe, and the important role law enforcement plays in our community.

By Mr Moyo, Subject leader of PSHE



Psychology

Psychology is the scientific study of behaviour and the mind, it explores the ways we as humans act, think and feel whilst aiming to create a greater understanding within pupils to what influences our everyday behaviour. In psychology, we look at this through multiple different perspectives and this allows us to gain a unique and fresh outlook on the world.

What does studying psychology involve? Within the first year of the course, you will study 6 key areas, these are: social influence (obedience and resistance to authority), memory (forgetting and different memory stores), attachment (the bond between parents and children and how this affects later life), approaches to psychology, psychopathology (OCD, phobias and depression) and research methods. These are taught in a captivating and engaging way as you will watch documentaries throughout to enhance your notes, and you may even get to take part in your own experiments to further your understanding. At the end of the two years, you will sit three, 2-hour exams which include a variety of questions ranging from short mark answers to 16-mark essays. This allows you to display different writing techniques throughout the papers.

What does studying psychology lead to? Psychology is a very broad study which means it can lead to several different career types. Whether you're interested in journalism, counselling, childcare, criminology, the police force, forensics, marketing and more, psychology opens many gateways for pupils at both university and apprenticeship level. Therefore, it's a great subject for those interested in these careers and also those who hold uncertainty on post-18 life due to the flexibility A-level psychology provides.

Why choose psychology? Psychology is an enjoyable and fascinating subject that is very relevant to everyday life. The topics studied allow you to leave the course with a deepened sensitivity for those around you due to the new understanding and insight into others' experiences and struggles throughout life. This can ensure you provide a positive impact on your peers. It also allows you to answer questions such as 'Why do we remember some things whilst forgetting others?' and 'Why do some people obey authority whilst others rebel?'. This deep thinking ensures you remain focused and engaged every lesson.

Jaz (ANE)





Staff V Students' Cricket Match

Aiming to win 'The Shephard Shield'

Organised by The Friends of Kings Langley School

Kings Langley Cricket Club
Monday 21st July
4-8pm

£7.50 for the buffet, from The Kitchen at Inspired.
Payment on school iPay or use the the QR code below





KLS Girls' Cricket Team

This year we have our first ever KLS KS3 Girls' Cricket Team. We have 3 other teams in our Pool B league and our first match took place Tuesday 17th June at Kings Langley Cricket Club on the Common. Our first fixture was against Abbotts Hill and what an amazing start to our season. With a full 11-a-side team and with 3 subs we started confidently. KLS batted first starting with our Captain Maddie (9T) who scored us our first 4 and continued to bat strongly along with some fantastic batting from Maisie (7G) we continued to work hard scoring 59 runs in total. Some fantastic bowling from Maddie (9T), Saffy (8D), Poppy (7J) supported by some great wicket keeping from Nefeli (7P). KLS bowled well but Abbotts just managed to get ahead finishing with 61 runs scored. A great game in the sunshine filled with lots of promise.

Player of the Match: Maddie (9T)



We could not have done it without the support of the following people:

- Miss Price who umpired using her expert knowledge to ensure smooth running of the match.
- Evie (10J) was our amazing sports leader who scored the game for us and is supporting the girls in their training every week.



- Massive thank you to Kings Langley Cricket Club for allowing us to use their pitch for all of our fixtures and helping us to facilitate better cricket training using the club's nets.
- Becks from the Kings Langley Women's Cricket team for coming and watching/supporting with her daughter.

Our amazing parents and loyal supporters who also came to spectate and cheer the girls on.

Future dates:

Mondays 3.15-4.30pm **training** at the **Kings Langley Cricket Club nets** every week with Ms Coughlan/Evie (10J)

Wednesday **25th June** 3.30pm start 'v' **Berkhamsted Girls** @KLS Cricket Club on the common.

Monday **30th June** 4pm start 'v' **Adeyfield School** @KLS Cricket Club on the common.



TOOLED UP®

"It'll be worth it when we get there!"

Whether overseas or nearer to home, many Tooled Up families will be planning holidays over the summer. Whilst these trips offer new experiences, valuable family time and memories to cherish, we all know that preparing to travel with children whatever their age, is no small feat.

The build-up to a holiday is sometimes overwhelming enough to make us ask why we're bothering! These **Tooled Up resources have been written to make packing and preparation that little bit easier**, and offer a useful reminder for things you might have forgotten.

Our <u>Pre-Holiday Family Checklist</u> is a great prompt for all the <u>little</u> jobs that need to be completed <u>before</u> the day of <u>travel from packing passports</u>, to checking timings on the <u>boiler or making a plan for bin day</u>. Stick it on your pinboard or your fridge so you can check off jobs as you do them!

Taking **responsibility for packing** their **own travel items** is a great **way to make young children feel part of the holiday venture.** They can tick off the **Summer Holiday Packing Checklist for Children** themselves as they pack.

If you have teens, it's great if they can take charge of their own preparation and packing. That's especially true if they're heading away from home without a parent for the first time. Use this handy list <u>Summer Holiday Packing Checklist for Teens</u> to make sure they remember all the holiday essentials!



KLS Colour Awards

Flourishing through opportunities and personal development

Do you play for a team (inside or outside of school), learn musical instruments, volunteer, do charity work, belong to the School Council, are you an avid reader...check your planner today to see what awards you can achieve.

Get recognition for the things you do inside and outside of school













Diamond

Platinum

Click here to read more info and to claim your awards

Gold

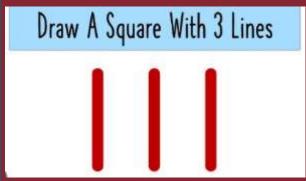
Silver

Bronze



STEM Challenge

This week's challenge:



Answer next week

Last week's question:

7, 8, 5, 5, 3, 4, 4, ?

Answer:

Six. The sequence is the number of letters in the names of months. August has six letters.



This week's jackpot winning number was: 919865

One of our supporters won £26.70 in the draw!



Family Lives Summer Term Programme 2025



Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

Thursday 15 May to 26 June 9.30am - 11.30am

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Getting on with Your Pre Teen/Teenager (6 weeks) Online group

Wednesday 4 June to 9 July 7.00 pm - 9.00 pm

Is your teen feeing anxious or isolated? Are you concerned about their mental health and struggling to get help? Maybe you have an FFA/CIN/CP in place and need more support. Join our free 6-week online group to learn how parents can best emotionally support their teen and feel confident and prepared for whatever challenges might arise.

Less Shouting, More Cooperation (6 weeks) Online group

Friday 6 June to 11 July, 9.30 am - 11.30 am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Sorting Out Family Arguments (6 weeks) Online group

Tuesday 10 June to 15 July 7.00pm - 9.00pm

Do you feel everything ends in an argument and you are constantly trying to keep the peace? Join our free online 6-week group to help improve family communication, reduce the reactions which lead to arguments and create a culture of teamwork in your family.

Anxiety around ADHD Online Workshop

Tuesday 24 June 9.30am - 11.30am

A workshop that helps parents understand ADHD and provides stategies to help support you and your child.

Reducing Conflict Online Workshop

Date TBC

A workshop that explores different types of conflict between couples and families.

For more information, please contact Louise or Lesley on **0204 522 8700/8701**, or email **services@familylives.org.uk.** Please scan our QR code for our referral form.





This 2-hour workshop explores different types of conflict within family life and provides support in understanding the causes and impact of parental and family conflict on children.





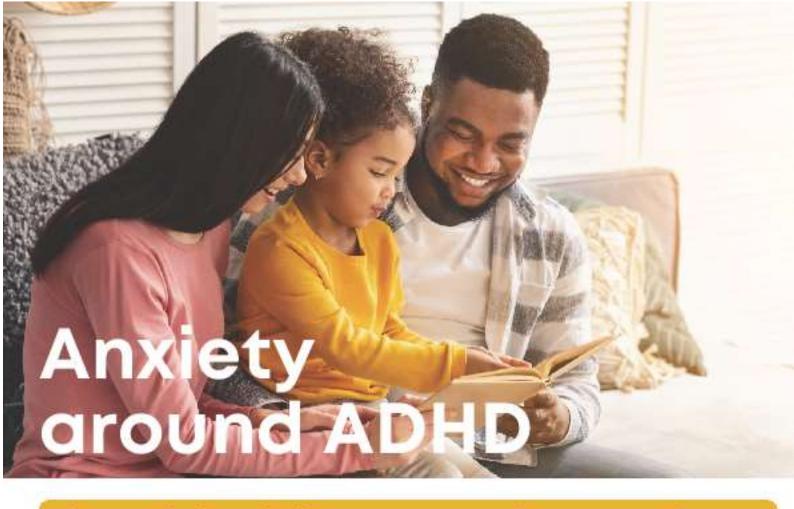
To book your place, call Louise on 0204 522 8700, email services@familylives.org.uk or scan our QR code to use our online referral form

We build better family lives together



www.familylives.org.uk 👔 @familyLivesHertsandBeds





The workshop helps parents and carers navigate:

- What is ADHD
- Understanding why a child with ADHD may also have anxiety
- Explore strategies to help support you and your child
- Signposting to other support that is available



Tuesday 24 June 9.30am to 11.30am Online via MS Teams



To book your place, call Louise on 0204 522 8700, email services@familylives.org.uk or scan our QR code to use our online referral form

We build better family lives together



Hertfordshire

Children (Under 18) NHS Dental Care Registration

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them a reason to smile
brighter!

Feel free to give us a call or scan the QR code below.



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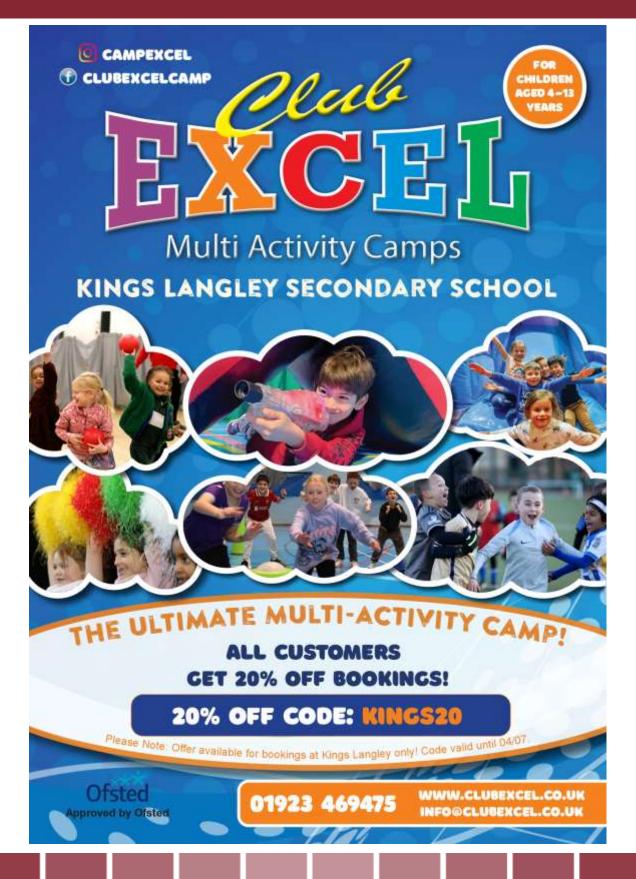
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