

Kings Langley School News

Issue 22

A note from the Deputy Headteacher - Mr Searle

Staying Safe Online and on Social Media

In today's increasingly digital world, online safety has become a vital part of ensuring the wellbeing of our children. As technology becomes more integrated into their daily lives, it is important for us all to be vigilant and proactive in promoting safe and responsible online behaviour.

Social media and the internet offer many opportunities for learning, connection, and creativity. However, they also present potential risks, such as exposure to inappropriate content, cyberbullying, identity theft, and online predators. To help protect our young people and guide them towards healthy online habits, we encourage you to discuss the following key points with your child:

 Privacy Settings: Ensure your child's social media profiles are set to private, allowing only approved friends to view their content. Remind them to avoid sharing personal information, such as their address, phone number, passwords or school details. **School Events**

Wednesday 2nd April

Post 18 Parents' Evening 6pm -7pm

Thursday 3rd April

Staff vs 6th Form Students Charity Football Match 3.30pm

Friday 4th April

School closes at 12.55pm for the Easter Break.

Ski Trip departs

Tuesday 22nd April -

School returns 8.40am



- 2. **Stranger Awareness**: Talk to your child about the risks of communicating with people they do not know in real life. Encourage them to never meet someone they have only met online without your knowledge and supervision.
- 3. **Think Before Posting**: Help your child understand that what they post online can have long-term consequences. Once something is shared, it may be difficult to remove and could affect their reputation and future opportunities.
- 4. **Recognising Cyberbullying**: Discuss what cyberbullying looks like and encourage them to speak up if they or someone they know is experiencing it. Reassure them that they can always come to you or another trusted adult for support.
- **5. Balancing Screen Time**: Encourage healthy limits on screen time and promote offline activities such as reading, sports, and family time to ensure a balanced lifestyle.

Linked to point 3 above, we would like to use this opportunity to address an important and sensitive topic: the risks associated with posting nude or semi-nude images on social media.

In today's digital age, social media plays a significant role in how young people interact and express themselves. However, it is essential to help them understand the potential dangers and long-term consequences of sharing inappropriate images online. We advise you to discuss the following key points with your child:

- Permanent Digital Footprint: Once an image is shared online, it can be extremely
 difficult to remove. Even if shared privately, it can be saved, forwarded, or posted
 publicly without the sender's consent.
- **Legal Implications**: Sharing or possessing nude or semi-nude images of anyone under the age of 18 is against the law and could result in serious legal consequences for those involved, even if shared amongst peers.
- **Emotional Impact**: Posting or sharing such images can lead to embarrassment, harassment, or bullying. It may also cause significant emotional distress for those involved.
- **Respect and Consent**: Encourage your child to think carefully about the impact their actions may have on themselves and others. Discuss the importance of respecting personal boundaries and seeking consent in all forms of communication.

• **Seeking Help**: Assure your child that if they have made a mistake or feel pressured to share such images, they can speak to you, a trusted adult, or the school for support. It is important to address these situations with understanding and care.

As a school, we are committed to supporting you in these efforts. We regularly educate students about online safety through assemblies, workshops, and lessons tailored to their age group. Additionally, we encourage an open dialogue between school and home to address any concerns as they arise.

If you would like further information or resources on online safety, we recommend the following websites:

<u>ThinkUKnow</u>: Advice for young people, parents, and carers on staying safe online.

<u>NSPCC Online Safety</u>: Guidance on how to keep children safe from online harm.

<u>Internet Matters</u>: Tools and resources for families to navigate the online world safely.

Thank you for your continued support in helping our students stay safe and responsible online. Should you have any concerns or wish to discuss this further, please do not hesitate to contact us.



Recognition Being noticed for doing something positive or achieving something

Students of the Week w/c 24th March

English	Rose 10A	
Excellent independent work for Macbeth a in Act 1. Well done!	and writing a sensational essay, covering Macbeth's character	
Food	Ruby 9A	
Excellent bread making skills demonstrate	d and pizza wheels created.	
History	Joseph 8G	
For continued effort and focus in Mrs Byrn	e's history lessons this half term.	
Maths	Layla 7P	
Striving for excellence in Maths in a new, h stickability, aspiration and empathy.	nigher set with excellent results. A model student for	
MFL	Henry 9C	
Excellent attitude to learning and participa	tion.	
Music	Harrison 9C	
Wonderful work on our classical programme of study. Confident performance of Fur Elise.		
Politics	Miriam 13DLK	
Excellent essay on political ideologies. Keep it up!		
Graphics	Joseph 10A	
Excellent board game design and making task.		
Library	Madalin 7P	
As a new student to KLS, settling in and making a great start as part of the Library Leadership team		
Psychology	Shreya 13DLK	
For demonstrating outstanding efforts in work and a very strong work ethic.		
Philosophy, Religion, Ethics	Phoebe 9A	
Excellent contributions in PRE lessons. Kee	p it up!	

Sociology	Izabela 13MOY	
For continued outstanding contributions to lessons and demonstrating evidence of deep subject knowledge		
Year 7 Head of Year	Amelia 7G	
Showing stickability and resilience and achieving a high tally of recognition points.		
Year 8 Head of Year	Sofija 8A	
Always being patient and understanding.		
Year 10 Head of Year	Izzy 10P	
Successful application for the Cauis Programme, Cambridge University!		
KS5 Head of Year	Jay 12BRY	
For supporting a fellow student on a trip.		

Well done to all of our students who have achieved 'student of the week'.



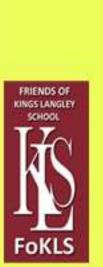
Saturday 29th March

7 for 7.30pm hosted by Mr Shephard

Maximum of 8 people per team Tickes available by SCOPAY or scan the QR code

BYO refreshments







KLSix: A focus on equality

Challenging Gender Stereotypes: 'The Positive Man Project' at Kings Langley Sixth Form

In today's society, it is vital to examine how gender stereotypes, misogyny, and sexist assumptions shape our understanding of masculinity. These ingrained ideas influence everything from personal identity to relationships and mental health. For male students in the Sixth Form at Kings Langley, this stage of life presents both challenges and opportunities to challenge traditional notions of what it means to be a man.

Many male students grow up learning to suppress emotions, avoid vulnerability, and conform to rigid expectations of strength and stoicism. These pressures not only affect their emotional development but also contribute to a culture where dominance and aggression are sometimes valued over empathy and emotional intelligence. Misogyny also flourishes under these outdated assumptions, limiting how both men and women are seen and treated in society.

At Kings Langley Sixth Form, we believe it is crucial to create an environment where these stereotypes can be challenged. This is why we are excited to re-introduce 'The Positive Man Project', a student-led initiative that aims to spark conversations about masculinity, gender equality, and personal identity. The project encourages students to reflect on the pressures they face, question traditional gender norms, and explore alternative models of masculinity that promote healthy, respectful relationships.

'The Positive Man Project' will include workshops, discussions, and creative activities, giving all students, the chance to reflect on their own experiences and how cultural influences shape their understanding of what it means to be a man. The initiative also seeks to address the emotional toll that rigid masculinity can have, empowering students to embrace a more authentic and diverse understanding of themselves and to ensure that as a community, students of all backgrounds appreciate how these outdated views of masculinity impact further discussions about equality, self-esteem, and embracing diversity.

The recent Netflix mini-series *Adolescence* offers an insightful exploration of the pressures young men face as they navigate the challenges of growing up. The series portrays the conflicting expectations placed on young males, from the pressure to conform to traditional notions of masculinity to the struggles of embracing vulnerability and emotional growth. This resonates with the core message of 'The Positive Man Project'—that there is no one 'perfect' way to be a man, and embracing a broader, more inclusive definition is essential for positive personal growth.

We encourage all students at Kings Langley Sixth Form to contribute to 'The Positive Man Project' and help reshape the conversation around masculinity, mental health, and respect.



'Adolescence' has
reignited a
conversation about
how male students
navigate
contemporary
society and the
important
conversations that
need to be had.









MUSIC DEPARTMENT NEWSLETTER

THIS WEEK

SATURDAY 29TH MARCH

Join us and the FoKLS for our Family Quiz Night on Saturday 29th March. Tickets are still available on Scopay. Please do come and support the Music Department.



ROYAL ALBERT HALL GALA CONCERT

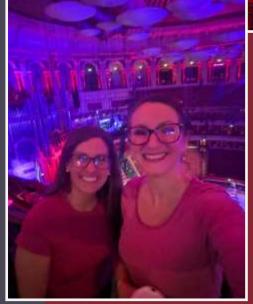
Mrs Warren and Mrs Harris were incredibly proud to accompany a select number of choral students to perform in the Royal Albert Hall Gala Concert last Sunday. There was a lot of challenging music to learn, but the students rose to the challenge showing extraordinary commitment over the last three months to prepare for this prestigious event. There is nothing quite like performing in a 600 strong choir in one of the most iconic music venues in the country.

Well done to all involved!













Music News



SETLA, a fresh indie rock band made up of year 11 students from Kings Langley School, made their debut at The Horns music venue in St Albans on Wednesday, March 19th. Formed just six months ago, the up-and-coming quartet captivated the packed crowd with a performance that blended original tracks and cover songs, marking a strong start to their live careers. The band

was supported by many familiar faces from school, who came out to cheer them on and celebrate their big night.



Frontman Tom (11C), who was on vocals and lead guitar, kicked off the night with a powerful cover of

"Jackie Down the Line" by Fontaines DC, setting an energetic tone for the evening. Throughout their six-song set, SETLA played three original

tracks: "Amnesia," "Leave It All," and "Human Race," each resonating with the crowd. Their dynamic performance was backed by tight rhythms from Dylan (11C) on bass, Elijah (11A) on drums, and Will (11J) on electric guitar.



The night ended with an unforgettable performance of "Supersonic," which had the entire crowd singing along and fully immersed in the music. The band's chemistry and energy left fans excited for more. Next up, SETLA will be supporting The Evening, a band formed by former Kings Langley School students, at Hemel Old Town Hall on Thursday, April 10th. Tickets can be bought through the bands Instagram 'setla_band'.

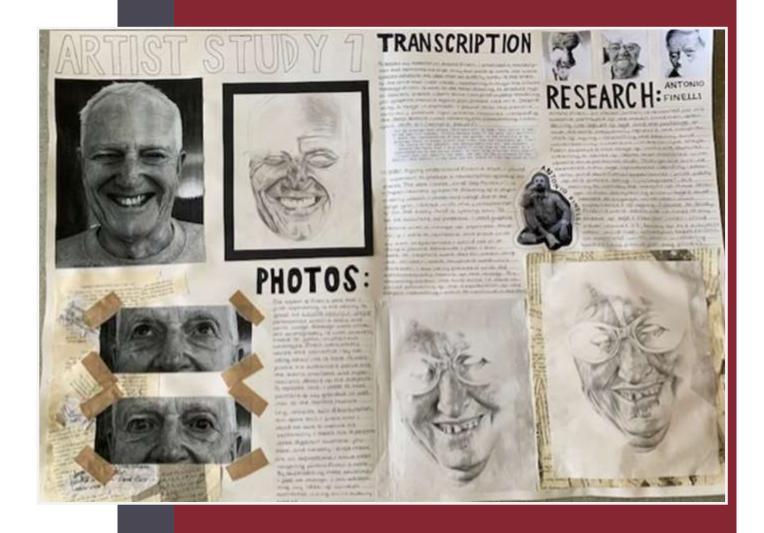
Dylan (11C)







Artwork of the Week



Rosie - 12HAD

Year 12 are working on unit 1 on the theme of surfaces. Rosie has been looking at the artist Antonio Finelli, producing work in the style of this artist from her own photographs. Above we can see excellent drawing and recording skills. Well Done Rosie!



Netball News

19/03/2025 Year 9 Netball Versatility Tournament @Ashlyns

The Year 9's enjoyed the versatility tournament where positions get picked out of the bag, which position you will get is anyone's guess?! The girls did well in the pool winning 3 out of their 5 games. Sadly, no place in the playoffs this time, but a great way to finish the season.

Pool:

Abbott's Hill - Loss

Tring - Loss

Ashlyns - Win

Adeyfield - Win

Astley Cooper - Win

Manager's [layer of the tournament: Amelia 9P

Players' player of the tournament: Millie 9G

After a successful season winning the B league the girls will hopefully be playing in the A league next season. We are very proud of their success, and we hope to build on all the success of this season moving forwards. Thank you to the parents who have supported the girls along the way, Mr Bilton, Ms Shannon and Mr Higgins for your support throughout the season. We would not have been able to do it without you!





20/03/2025 **Year 10** Netball Versatility Tournament @Ashlyns

A mixed set of results in the pool for the Year 10's with one win, one draw and one loss. After making it to the semi-final playoffs the girls played a strong Ashlyns A team and sadly lost, which left them in the playoffs for 3rd & 4th. After a very closely contested game Longdean were victorious by just one goal which saw the girls finishing a very respectable 4th overall.

Pool:

JFK - Win

Ashlyns B - Draw

Abbotts A - Loss (by just 1 goal)

Ashlyns A - Loss (Semi-final playoffs)

Londgean A - Loss (3rd/4th place playoff, by just 1 goal)

Manager's player of the tournament: Millie 10P

Players' player of the tournament: Sophie 10D

After a successful season winning the B league, the girls should be very proud of themselves, they have played some lovely netball, and they have had many great comments on the quality of their game play and strong team cohesion from other teachers outside of KLS. Everyone has shown great levels of commitment. Next year we will hopefully be moving up to the A league and we hope to continue to build on this year's successes. Thank you to Ms Shannon for supporting in training and fixtures!





TOOLED UP®

We understand many parents and schools are currently navigating concerns sparked by the themes highlighted in Netflix's series *Adolescence*.

At **Tooled Up**, we are committed to supporting parents and carers when it comes to the issues raised in the programme and **have a host of resources on** topics including **misogyny**, **incel culture**, **social media** and the **rise of violence against women and girls**.

If you worry about information on **TikTok**, listen to our **podcast**<u>Misogynistic Content on TikTok</u>, which explores how incel ideology covertly proliferates on mainstream social media and what parents might do to counter this.

Every parent has heard of Andrew Tate, the self-confessed misogynist whose videos have been viewed billions of times. Our webinar Andrew Tate and Toxic Influencers: A Guide looks at his methodologies and appeal and examines what can be done to mitigate the risk that exposure to this type of material can bring.

For access to all Tooled Up resources on themes raised in Adolescence click Netflix's Adolescence: Related Resources in Tooled Up where we have collated a comprehensive list to support you.

IMPORTANT: UPCOMING WEBINAR

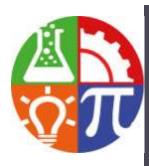
Adolescence on Netflix - Action Points for Parents and Staff: 23rd April, 19:00 BST

Join Dr Kathy Weston for this **interactive session** reflecting on **essential lessons**, **key takeaways**, and the **practical actions** that **parents** and **educators can implement** on the issues raised by Netflix's *Adolescence* series.

There will also be a O&A at the end of the season.

To register click here: <u>Adolescence on Netflix: Action Points for</u> Parents and Staff





STEM Challenge

This week's challenge:

Which mathematician is hiding in this sequence?

8, 34, 1, 610, 377, 1, 2, 2, 34

Answer next week

Last week's answer:

A man stands on one side of a river, his dog on the other. The man calls his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?

Answer: The river was frozen.



This week's jackpot winning number was:

972754

One of our supporters won £29.70 in the draw!



If you haven't signed up yet visit our lottery here - https://www.yourschoollottery.co.uk/lottery/school/kings-langley-secondary-school

MORE TIME IN SCHOOL =

MORE TIME TO LEARN!

OFF EACH YEAR



OFF EACH YEAR



9 SCHOOL DAYS





11 SCHOOL DAYS

OFF EACH YEAR



19 SCHOOL DAYS

OFF EACH YEAR



2 MONTHS

OFF EACH YEAR



Nationally, only 35% of students who miss between 10% - 20% of school go on to achieve 5 GCSEs at grade 9 to 4 (A* - C) 100 % PERFECTION

98%

Impressive

96%

Good

95%

Nearly There

94%

Needs to improve

90%

Danger Zone

80%

Danger Zone



KLS CHARITY FOOTBALL MATCH



STAFF



SIXTH FORM

Thursday 3rd April 2025

Venue:

Kings Langley School

BEAT THE GOALIE

£1 for 3 shots

Suitable 3G pitch boots
required (spares available)

Price:

£2.50 (18+)

£1 (Under 18)

Kick Off:

3:45pm



SNACKS & DRINKS FOR SALE

WE ACCEPT CASH OR CARD PAYMENT AT DOOR



