



Thank you for signing up!

- You've decided to participate in a historic and traditional award.
- This valued award can set you apart from others.
- Internationally recognised as a display of character.



- You have made a commitment to complete this award.
- Completing your award is your responsibility.
- There will be progress checks, verbal check-ins, online check-ins, workshops and meetings.



- The award is made up of three “social” sections and one expedition.
- The three social sections are where people most often don’t complete the award.
- The award requires resilience and commitment, as well as organisation.





Volunteering

Physical

Skill

Expedition

2 x 3 months

1 x 6 months

1hr per week

Trial expedition

Assessed
expedition

Volunteering section

- You're giving up your time, for a non-profit organisation or cause.
- Scouts/brownies/cadets...
- Animal welfare
- Charity shops
- School clubs
- Ashridge estate
- Care homes
- St John's Ambulance
- Park ranger/wildlife watch
- Sports coaching
- Waterways experience

Physical section

- You're raising your heart rate to maintain or improve health.
- Can be something new or existing.
- What is a sport?

- Football
- Archery
- Rock climbing

- Swimming
- Skating
- Cycling

- Martial arts
- Running
- Gym classes

Skill section

- You're learning or improving a new hobby or interest.
 - Purpose isn't to raise your heart rate but expand your skillset.
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- | | | |
|----------------------|--------------------|--------------------|
| • Languages | • Photography | • Coding |
| • Musical instrument | • Creative writing | • Money management |
| • Cookery | • First aid | |

Social sections

- All three sections must be for an hour a week on average.
- Must be a consistent approach, not all at once.
- Can be backdated up to three months.
- Must have evidence uploaded and be assessed, not by a family member.

Draft



Programme planner submitted



Programme planner approved



Evidence submitted – Approved



Assessor report submitted – Approved



Section approved

Assessor reports

- Once you have logged onto the eDofE system, input your home address to receive a welcome pack.
- The welcome pack will include helpful information about all of the four sections of the award.
- It will also contain an assessor report for each section.
- **Assessor cannot be a parent/family member!**

Vital for
completion of
the award!



ASSESSOR'S REPORT VOLUNTEERING

Participant: _____
eDofE ID No: _____
Level: **Bronze**

Description of activity: _____

Date started: ____/____/____ Completed: ____/____/____ (____ months)

Goals set by participant: _____

Assessor's comments:

Please write as much as possible, talking about training, teamwork (if applicable) and achievements. What you write will celebrate the achievement of the young person and form part of their permanent record of their DofE programme. Please note: the information you have provided in this report will be scanned and stored by the DofE as part of its record of the participant's achievement. The DofE will not share your personal data with third parties.

What progress did they make towards their goals?

What did they achieve, what skills did they learn?

How frequently did they take part in this activity?

Any other comments?

Signature: _____ Date: ____/____/____

Assessor's first name: _____ Last name: _____

Assessor's position/qualification: _____

Assessor's phone number: _____

Assessor's email: _____

Participants should scan or photograph this page and upload to eDofE as evidence.

Detach and hand this to your Assessor
at the **START** of your DofE activity.



PHYSICAL

Assessors cannot be related to a DofE participant. They should be an 'expert' in the chosen activity (such as a coach). DofE Leaders must approve the choice of Assessor for each section.

My name: _____ eDofE ID No: _____

Assessor's Guidance Notes

Thank you for your time and commitment offering to assess me for the Physical section of my DofE programme.

I hope that you will enjoy your involvement, helping me through the section and to get the most from my activities and complete this section.





























For this section of my **Bronze** DofE programme, I have to improve in an area of sport, dance or fitness over a set period of time. I need to spend the following length of time regularly doing my physical activity, averaging at least one hour a week:

Participant to
write number of
months here
months

Can you please:

- Understand what I want to get out of it and help me set my goals.
- Help me with advice, training and supervision as needed.
- Support and encourage me while I'm doing my physical activity.
- Be available throughout the time I'm doing my activity and monitor my progress.
- Do a final assessment at the end – discussing my experiences, how I developed and how I reached my goals.

When I have completed the time requirements and achieved my goals, please can you register your comments on my progress by the suggested methods overleaf. This will be my evidence of completing my Physical section.

Volunteering	Physical	Skill	Expedition	Residential
 15/07/2023	 22/12/2022	 03/11/2022	 View	 N/A
 Award completed on 05/07/2023				
 18/03/2023	 01/09/2022	 04/03/2023	 View	 N/A
 09/03/2023	 21/09/2023	 06/10/2022	 View	 N/A
 Award completed on 06/07/2023				
 10/01/2023	 22/11/2022		 View	 N/A
 12/01/2023	 14/12/2022		 View	 N/A
 Award completed on 31/07/2023				
 Award completed on 06/07/2023				

The expedition

- Previously over two weekends, a practice and an assessed expedition.
- We are going to run them concurrently, so that it only takes one weekend.
- Walking 12-15km per day (12mi), carrying tents, food, equipment...
Taking roughly 8 hours.
- We are partnered with Wildside Outdoors, who run the expedition.
- Fully independent from home (parents)

The expedition

Pencilled in for:

5th June – 7th June 2026

Communication

- This PowerPoint will be uploaded for those that aren't here.
- From September you will receive regular emails from me regarding your child's progress.
- astleyt@kls.herts.sch.uk

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