



Physical Education Curriculum

	Intro	Autumn 1	Autumn 2	I.F	Spring 1	Spring 2	Summer 1	Summer 2	I.F
Year 7 - 1	Exp/Base	Dance	Netball	CC	Gymnastics	Rugby	Athletics	Cricket	Rou/OAA
Year 7 - 2	Exp/Base	Gymnastics	Netball	CC	Dance	Rugby	Athletics	Cricket	Rou/OAA
Year 7 - 3	Exp/Base	Rugby	Gymnastics	CC	Netball	Dance	Athletics	Rounders	Rou/OAA
Year 7 - 4	Exp/Base	Rugby	Dance	CC	Netball	Gymnastics	Athletics	Rounders	Rou/OAA
Year 8 - 1	Exp/Base	Dance	Netball	CC	Gymnastics	Rugby	Athletics	Rounders	Rou/OAA
Year 8 - 2	Exp/Base	Gymnastics	Netball	CC	Dance	Rugby	Athletics	Rounders	Rou/OAA
Year 8 - 3	Exp/Base	Rugby	Gymnastics	CC	Netball	Dance	Athletics	Cricket	Rou/OAA
Year 8 - 4	Exp/Base	Rugby	Dance	CC	Netball	Gymnastics	Athletics	Cricket	Rou/OAA
Year 9 - 1	Exp/Base	Trampolining	Netball	CC	Handball	Football	Athletics	Cricket	Rou/OAA
Year 9 - 2	Exp/Base	Handball	Netball	CC	Trampolining	Football	Athletics	Cricket	Rou/OAA
Year 9 - 3	Exp/Base	Rugby	Trampolining	CC	Netball	Handball	Athletics	Rounders	Rou/OAA
Year 9 - 4	Exp/Base	Rugby	Handball	CC	Netball	Trampolining	Athletics	Rounders	Rou/OAA
Year 10 - 1		Football	Trampolining	CC	Handball	Netball	Athletics	Dance	Rou/OAA
Year 10 - 2		Football	Handball	CC	Trampolining	Netball	Athletics	Rounders	Rou/OAA
Year 10 - 3		Trampolining	Rugby	CC	Football/Netball	Table Tennis	Athletics	Cricket	Rou/OAA
Year 10 - 4		Handball	Rugby	CC	Football/Netball	Trampolining	Athletics	Softball	Rou/OAA
Year 11 - 1		Netball	Netball		Options:	Football Trampolining Netball Handball	Rounders Tennis Athletics Softball		
Year 11 - 2		Badminton	Badminton						
Year 11 - 3		Trampolining	Trampolining						
Year 11 - 4		Football	Football						